

## Dealing with Guilt and Shame

John 13; 18; 21

### I. The Reality of Guilt in Our Lives.

Believers are \_\_\_\_\_ by faith and will never be declared guilty by God again.

### II. The Feeling of Shame in Our Lives.

Shame says, because I am flawed, I am \_\_\_\_\_.

Grace says, though I am flawed, I am \_\_\_\_\_.

### III. The Cure for Guilt and Shame in Our Lives.

*3 Common wrong ways we try to deal with guilt and shame:*

A. We try to \_\_\_\_\_ it.

B. We try to \_\_\_\_\_ it.

C. We try to \_\_\_\_\_ it.

The only cure for guilt and shame is the genuine \_\_\_\_\_ of God, through Christ Jesus.